

OCT 1-7

NOV 5-11

DEC 10-16

JAN 14-20

FEB 18-24

**WEEK IV**

**SUNDAY**

*NOON*

ROAST BEEF OR  
SMOTHERED CHICKEN BREAST  
MASHED POTATOES & GRAVY  
CHUCKWAGON CORN OR WAX BEANS  
DINNER ROLLS  
APPLE CRISP

*EVE*

BROCCOLI & CHEESE SOUP  
SALTINES  
TURKEY SALAD SANDWICH  
SWEET CHERRIES

**MONDAY**

*NOON*

TURKEY TETTRAZINI W/ GARLIC BREAD OR  
GRILLED PRIME RIB ON SOURDOUGH  
TOSSED SALAD  
BANANA CAKE W/ FROSTING

*EVE*

CHICKEN SALAD SANDWICH  
SLICED TOMATOES  
COTTAGE CHEESE  
CHOCOLATE PUDDING

**TUESDAY**

*NOON*

BEEF STEW OR  
LEMON CHICKEN  
WILD RICE W/ CHICKEN  
CUCUMBER RANCH SALAD OR COLE SLAW  
PEACH PECAN PIE

*EVE*

TATOR-TOT CASSEROLE  
GREEN BEANS  
BREAD  
RASPBERRY FRUIT COCKTAIL JELLO

**WED**

*NOON*

WHITE CHILI OR  
TOMATO BISQUE  
SALTINES  
GRILLED HAM & CHEESE SANDWICH  
BLUEBERRY CHEESECAKE

*HOT BEEF SANDWICH*

MASHED POTATOES & GRAVY  
CREAMED CORN  
PINEAPPLE TIDBITS

**THURS**

*NOON*

HAMLOAF OR  
COBB SALAD  
POTATO CASSEROLE W/ HAMLOAF  
CAULIFLOWER OR CARROTS W/ HAMLOAF  
DIRT DESSERT

*EVE*

BISCUIT & SAUSAGE GRAVY  
SCRAMBLED EGGS  
BACON  
APRICOTS

**FRIDAY**

*NOON*

BBQ MEATBALLS OR  
BAKED FISH  
GARLIC MASHED POTATOES  
COOKED CABBAGE OR PEAS & CARROTS  
CHERRY BAR DESSERT

*EVE*

CREAMY VEGETABLE SOUP  
SALTINES  
GRILLED CHICKEN ON A BUN  
ORANGE-CARROT-PINEAPPLE  
JELLO

**SAT**

*NOON*

SMOTHERED PORK CUTLET OR  
CHICKEN TENDERS  
POTATO CAKES  
BROCCOLI OR HARVARD BEETS  
PISTACHIO PUDDING

*EVE*

TUNA CASSEROLE  
SUGAR SNAP PEAS  
BREAD  
DICED PEACHES

OCT 8-14

NOV 12-18

DEC 17-23

JAN 21-27

FEB 25-MARCH 3

**WEEK V**

**SUNDAY**

*NOON*

ROAST PORK OR  
HAMBURGER STEAK W/ MUSHROOM GRAVY  
PARSLEY & BUTTER POTATOES  
CREAMED ASPARAGUS OR  
GREEN BEANS  
DINNER ROLL  
BLACK FOREST CAKE

*EVE*

CHICKEN ENCHILADAS  
SPANISH RICE  
BANANA PUDDING

**MONDAY**

*NOON*

CHICKEN & DUMPLINGS OR  
FRENCH ONION SOUP W/ ROAST BEEF SANDWICH  
TOSSED SALAD OR FRESH SPINACH SALAD  
PINEAPPLE CAKE

*EVE*

BREAKFAST CASSEROLE  
SLICED TOMATOES  
BISCUIT  
LIME-PEAR JELLO

**TUESDAY**

*NOON*

CHALUPA OR  
DANISH MEATBALLS W/ CREAMED POTATOES  
SPINACH OR CRANBERRY-BROCCOLI SALAD  
BREAD W/ MEATBALLS  
APRICOT COBBLER W/ ICE CREAM

*EVE*

CHICKEN & NOODLES ON  
MASHED POTATOES  
CARROTS  
BREAD  
PEAR HALF

**WED**

*NOON*

CHEESEBURGER ON A BUN OR  
PIG IN A BLANKET  
LOADED FRIES  
BAKED BEANS OR COLE SLAW  
CHOCOLATE-PEANUT BUTTER PIE

*EVE*

GOULASH  
CREAMED CORN  
GARLIC BREAD  
SLICED PEACHES

**THURS**

*NOON*

STUFFED PEPPERS OR  
GRILLED CHICKEN W/ ALFREDO ON FETTECHINI  
CEASAR SALAD OR  
MIXED VEGETABLES  
BREAD PUDDING

*EVE*

VEGETABLE BEEF SOUP  
SALTINES  
ROAST BEEF SALAD SANDWICH  
LEMON BAR

**FRIDAY**

*NOON*

SALISBURY STEAK OR  
GRILLED TUNA SALAD SANDWICH  
COUNTRY FRIED POTATOES  
KIDNEY BEAN SALAD OR CREAMED PEAS  
BLACKBERRY COBBLER

*EVE*

TOMATO SOUP  
SALTINES  
GRILLED CHEESE  
CHERRY-MANDARIN ORANGE JELLO

**SAT**

*NOON*

BBQ PORK ON A BUN OR  
GRILLED CHICKEN BREAST W/ BREAD  
TATOR TOTS  
PEA SALAD OR CORN  
STRAWBERRIES & BANANAS

*EVE*

HAM & CHEESE CROISSANT  
POTATO CHIPS  
7-LAYER SALAD  
TAPIOCA PUDDING

OCT 15-21      NOV 19-25      DEC 24-30  
JAN 28-FEB 3      MARCH 4-10

**WEEK 1**

**SUNDAY** *NOON*  
ROAST TURKEY & GRAVY OR  
CHICKEN CORDON BLUE  
DRESSING & GRAVY  
BROCCOLI OR CAULIFLOWER  
CRANBERRY-APPLE SALAD

*EVE*  
CHICKEN STROGANOFF  
MIXED VEGETABLES  
GARLIC BREAD  
CHERRY JELLO  
W/ WHIPPED TOPPING

**MONDAY** *NOON*  
CHICKEN FRIED CHICKEN OR  
CABBAGE ROLL  
MASHED POTATOES & GRAVY  
GREEN BEANS OR HARVARD BEETS  
CARROT CAKE W/ CREAM CHEESE FROSTING

*EVE*  
BEEF & NOODLE SOUP  
SALTINES  
CREAMED CHEESE SANDWICH  
FRUIT COCKTAIL

**TUESDAY** *NOON*  
TACO SALAD OR  
PORK BURRITO  
SPANISH RICE W/ BURRITO  
REFRIED BEANS OR TEXAS CAVIAR  
SOPAPILLA CHEESECAKE

*EVE*  
HAM, TOMATO, & LETTUCE  
SANDWICH  
POTATO CAKES  
WAX BEANS  
BUTTERSCOTCH PUDDING

**WED** *NOON*  
SWISS STEAK OR  
LIVER & ONIONS  
TWICE-BAKED POTATOES  
ASPARAGUS OR MIXED VEGETABLES  
CHOCOLATE PIE

*EVE*  
FRIED EGG SANDWICH  
MACARONI & CHEESE  
PEA SALAD  
APPLESAUCE  
SNICKERDOODLE

**THURS** *NOON*  
LASAGNA OR  
CHICKEN PARMESAIN ON PASTA  
TOSSED SALAD OR SCALLOPED CORN  
GARLIC BREAD  
3-LAYER DESSERT

*EVE*  
CHICKEN POT PIE  
CARROTS  
BREAD  
LIME-COTTAGE CHEESE-  
PINEAPPLE JELLO

**FRIDAY** *NOON*  
SWEDISH MEATBALLS OR  
SALMON PATTIES  
SPINACH OR CUCUMBER SALAD  
BREAD  
BROWNIE W/ ICE CREAM

*EVE*  
BAKED POTATO SOUP  
SALTINES  
TURKEY & CHEESE SLIDERS  
CHERRY CRISP

**SAT** *NOON*  
SLOPPY JOE ON A BUN OR  
CHICKEN TENDERS  
POTATO CAKES  
GREEN BEANS OR BRUSSEL SPROUTS  
VANILLA PUDDING W/ FRUIT

*EVE*  
HAMBURGER GRAVY  
ON MASHED POTATOES  
BEETS  
STRAWBERRIES & BANANAS

OCT 22-28                      NOV 26-DEC 2                      DEC 31-JAN 6  
FEB 4-10    MARCH 11-17

**WEEK II**

<b>SUNDAY</b>	<i>NOON</i> BEEF TIPS OR SMOTHERED CHICKEN BREAST MASHED POTATOES & GRAVY BROCCOLI OR CAULIFLOWER W/ CHEESE JELLO CAKE	<i>EVE</i> CREAMY CHICKEN VEGETABLE SALTINES EGG SALAD SANDWICH SLICED PEACHES
<b>MONDAY</b>	<i>NOON</i> FRUIT PLATE W/ COTTAGE CHEESE OR CHILI SALTINES OR SALAD CRACKERS CINNAMON ROLL	<i>EVE</i> PANCAKES BACON OR SAUSAGE SCRAMBLED EGGS STRAWBERRIES & BANANAS
<b>TUESDAY</b>	<i>NOON</i> CHICKEN FRIED STEAK OR BACON-WRAPPED PORK TENDERLOIN MASHED POTATOES & GRAVY HOMINY OR MIXED VEGETABLES COCONUT PIE	<i>EVE</i> HAM & BEANS CORNBREAD TOSSED SALAD APRICOT
<b>WEDNESDAY</b>	<i>NOON</i> TACOS OR CHEESE ENCHILADAS SPANISH RICE REFRIED BEANS OR CORN SALSA PEACH COBBLER W/ ICE CREAM	<i>EVE</i> SCALLOPED POTATOES & HAM CARROTS BREAD ORANGE-DELITE JELLO
<b>THURSDAY</b>	<i>NOON</i> MEATLOAF OR BAKED PORK CHOP PARSLEY & BUTTER POTATOES CREAMED PEAS OR HARVARD BEETS PUMPKIN DESSERT	<i>EVE</i> BEEF STROGANOFF COLE SLAW BREAD PEACHES, BLUEBERRIES & BANANAS
<b>FRIDAY</b>	<i>NOON</i> FRIED CATFISH OR PORCUPINE BALLS MACARONI SALAD WAX BEANS OR SCALLOPED CORN NO-BAKE COOKIE	<i>EVE</i> TOMATO SOUP SALTINES PATTY MELT SANDWICH CHOCOLATE PUDDING
<b>SATURDAY</b>	<i>NOON</i> TERIAIKI CHICKEN BREAST OR SWEET & SOUR PORK RICE SUGAR SNAP PEAS OR CAULIFLOWER MIXED FRUIT	<i>EVE</i> HOT PORK SANDWICH MASHED POTATOES & GRAVY PEAS & CARROTS APPLESAUCE CHOCOLATE CHIP COOKIE

OCT 29-NOV 4      DEC 3-9  
FEB 11-17

JAN 7-13  
MARCH 18-24

**WEEK III**

**SUNDAY**

*NOON*  
BAKED HAM OR  
GLAZED TURKEY  
SWEET POTATOES  
MIXED VEGETABLES OR  
CORN  
CHERRY CHEESECAKE

*EVE*  
CHEESY-MAC BEEF CASSEROLE  
6-VEGETABLE SALAD  
BREAD  
DICED PEARS

**MONDAY**

*NOON*  
CHEF SALAD OR  
CHICKEN STRIPS  
BABY BAKERS / CHICKEN  
BRUSSEL SPROUTS OR  
CREAMED CORN W/ CHICKEN  
FRUIT PIZZA

*EVE*  
ROAST BEEF SALAD SANDWICH  
COLE SLAW  
POTATO CHIPS  
FRUIT COCKTAIL

**TUESDAY**

*NOON*  
BBQ BRISKET SLIDERS OR  
RUEBEN  
BAKED POTATO  
GREEN BEANS OR 7-LAYER SALAD  
STRAWBERRY PRETZEL DESSERT

*EVE*  
POTATO SOUP  
SALTINES  
HAM & CHEESE SANDWICH  
VANILLA WAFERS  
BUTTERSCOTCH PUDDING

**WED**

*NOON*  
FRIED CHICKEN OR  
LITTLE PORKIES  
MASHED POTATOES & GRAVY  
PASTA SALAD OR CORN  
PEANUTBUTTER PIE

*EVE*  
MEXICAN CASSEROLE  
TOSSED SALAD  
SLICED PEACHES

**THURS**

*NOON*  
GRILLED TURKEY & CHEESE  
STRAWBERRY CHICKEN SALAD  
FRIED POTATOES & ONIONS W/ SAND  
CARROTS OR ASPARAGUS  
APPLE DUMPLING

*EVE*  
HUNTINGTON CHICKEN  
BEETS  
BREAD  
APRICOTS

**FRIDAY**

*NOON*  
HAM CLUB WRAP OR  
CLAM CHOWDER  
HASHBROWNS / WRAP  
PASTA SALAD OR BAKED SPINACH  
CREAM PUFF

*EVE*  
BAKED BEANS & WIENERS  
PEA SALAD  
CORNBREAD  
CHERRY JELLO  
W/FRUIT

**SAT**

*NOON*  
SMOTHERED STEAK OR  
GRILLED CHICKEN BREAST  
MASHED SWEET POTATOES  
SUGAR SNAP PEAS OR  
CAULIFLOWER  
FRUIT COCKTAIL  
SNICKERDOODLE

*EVE*  
CHICKEN & NOODLES  
SALTINES  
EGG SALAD SANDWICH  
LIME-PINEAPPLE-COTTAGE  
CHEESE JELLO